

RIBBLE VALLEY HEALTH & WELLBEING PARTNERSHIP

Meeting Date: Thursday, 6 December 2018 at 3.00pm

PRESENT:	Councillor B Hilton – Chairman	Amy Holden
	Councillor S Brunskill	Mark Wardman (Lancashire Care NHS Trust)
	Councillor M Fenton	Craig Pollard (Lancashire Wellbeing Service)
	Councillor R Newmark	
	Councillor M Robinson	

	AGENDA ITEM	ACTION
1	<p><u>Apologies</u></p> <p>Apologies were received from Councillor S Bibby, Marshal Scott, Colin Hirst, Chris Lee and Dianne Hartley.</p>	
2	<p><u>Minutes</u></p> <p>The minutes of the meeting held on 19 September 2018 were approved as a true record.</p>	
3	<p><u>Matters Arising</u></p> <p>None.</p>	
4	<p><u>Presentation by Mark Wardman – Myplace – A Natural Way to Wellbeing</u></p> <p>Mark explained that Myplace is a partnership of Lancashire Care NHS Foundation Trust and the Lancashire Wildlife Trust, providing eco therapy to a range of users. Whilst the main focus is on young people aged 13-24, support was also available for older men to work together on practical projects.</p> <p>Mark contrasted the more outdoor lifestyle of children several decades ago, with the screen based activities of young people today. The programme introduced young people to outdoor activities and work, taking action in their local environment and consequently feeling happier and healthier. Work took place with young people at 14 hubs across Lancashire (although none of them were in the Ribble Valley) and carrying out the project could assist in development of self-confidence and achieving qualifications which would improve the content of their CV.</p> <p>There were no specific referral criteria. However, many of the young people on the programme had been referred by the Child and Adolescent Mental Health Service, or through pupil referral units. However, the young person did not have to be in crisis to enter the programme.</p> <p>The approach to eco therapy conducted by Myplace covered five themes: practical conservation work; wildlife walks; mindful environments; bush craft; and growing projects.</p> <p>In response to questions, Mark explained that evidence was currently being collated to apply for further funding, which would be required before consideration could be given to setting up a hub in the Ribble Valley. Members considered the possibility of the presentation being given to Health and Housing Committee and/or Parish Councils' Liaison Committee.</p>	

	Mark was thanked for his interesting presentation.	
5	<p><u>Update of Lancashire Health and Wellbeing Board</u></p> <p>Bridget reported on the recent meeting of the Lancashire Health and Wellbeing Board. A presentation had been given by the Executive Director of Adult Services and Health and Wellbeing, setting out the County Council's vision on how they, together with their partners, would help people to live as healthily and independently as possible. This also took into account the key role of the NHS in preventing and reducing long term physical and mental health conditions, and the variations in health outcomes across Lancashire. All of this was against a background of considerable financial pressure. Public health funding was to be reduced. The focus was on care at home and a number of initiatives were in place to support this. In addition to seeking greater integration between health and social care, housing policy also had to be considered as there was a lack of suitable modern housing for adults with care and support needs in Lancashire.</p> <p>The Board had also received an update on children's services, including the Special Educational Needs and Disabilities Improvement Plan and the Children and Young People Emotional Wellbeing and Mental Health Transformation Plan.</p>	
6	<p><u>Update on Lancashire Health Scrutiny Committee</u></p> <p>Bridget reported on her attendance at the Health Scrutiny Committee. A presentation had been given on delayed transfers of care in Lancashire, where there had been some improvement in the last year despite the pressures on hospitals due to the extremes of hot and cold weather. Those pressures continued, but the focus was to remain on continuing to reduce delays.</p>	
7	<p><u>Update on Lancashire Children's Services Scrutiny Committee</u></p> <p>Stella reported on the continuing improvement of children's services, although it was commented that the improvement was from a very low baseline. Consideration had been given to various issues, including the Lancashire Children's Services Development Plan and a report of a task and finish group on Supporting Children at Special Schools with Medical Conditions.</p>	
8	<p><u>Country Landowners Association Report on Sustainable Villages</u></p> <p>Bridget and Stella had attended a forum with regard to a House of Lords consultation on dying villages. Particular issues had been the lack of affordable housing, transport, broadband accessibility, and a lack of access to health services. The CLA had prepared a report on sustainable villages which had been circulated to Members.</p> <p>In this respect, mention was made of Slaidburn Health Centre, and reports that it might be closing. Bridget had made her own enquiries and reported that was not the case – a well-respected new doctor had taken charge and the NHS had no plans to close the centre. Responsibility for the centre did not rest with Clitheroe Health Centre, but with ELFS from Blackburn.</p>	
9	<u>Matters of Information</u>	

	<p>The meeting received documents which had been circulated to Members before the meeting. These consisted of an announcement with regard to the Rural Health and Care Alliance, the minutes of the North West Regional Seminar/Meeting of the Rural Services Network, and a paper on Health for Wealth from the Northern Health Service Alliance about Building a Healthier Northern Powerhouse for UK productivity.</p>	
10	<p><u>Other Business</u></p> <p>Craig remarked on the relatively low number of referrals to the Lancashire Wellbeing Service for the Ribble Valley, and would be happy to give a presentation to a future meeting. Members commented on the specific difficulties in the Ribble Valley, with transport issues causing isolation and lack of ability to access services. Craig indicated that he would be able to report on the findings of a survey carried out on similar issues in Rossendale, although he acknowledged that Ribble Valley was more isolated than Rossendale.</p> <p>Bridget asked if an update could be given to the next meeting on progress towards Ribble Valley becoming a Dementia Friendly Borough Council.</p> <p>Bridget also considered the partnership and its remit, noting a decline in attendance. She considered that the focus should move to wellbeing, and considered whether a change of name to the Ribble Valley Wellbeing and Health Partnership might be appropriate. She would also review the terms of reference with Amy and Colin.</p> <p>Bridget also considered it would be appropriate to prepare an updated action plan for the Borough Council.</p>	<p>CH/AH</p> <p>BH/CH/AH</p> <p>CH/AH</p>

The meeting closed at 4.40pm.